

# Reverse Advent Calendar Highland Foodbank



We'd be grateful if you would consider donating the following items during November, to give us time to add the items to food parcels for people in need locally this Christmas.

- 1<sup>st</sup> Bag for Life
- 2<sup>nd</sup> Small tin of ham
- 3<sup>rd</sup> Small packet of biscuits
- 4<sup>th</sup> Selection box
- 5<sup>th</sup> Bag of crisps/Pringles
- 6<sup>th</sup> Packet of oatcakes
- 7<sup>th</sup> Toothpaste
- 8<sup>th</sup> Sanitary items
- 9<sup>th</sup> Jar of instant coffee (small)
- 10<sup>th</sup> Tin of mince
- 11<sup>th</sup> Toothbrush (single)
- 12<sup>th</sup> Shower gel
- 13<sup>th</sup> Tin of corned beef
- 14<sup>th</sup> Men's deodorant
- 15<sup>th</sup> £2 to keep Foodbank van on road
- 16<sup>th</sup> Tin of macaroni & cheese
- 17<sup>th</sup> Bar of chocolate
- 18<sup>th</sup> Box of 6 mince pies
- 19<sup>th</sup> Women's deodorant
- 20<sup>th</sup> 4 pack toilet roll
- 21<sup>st</sup> Bag of sugar
- 22<sup>nd</sup> Packet of sweets
- 23<sup>rd</sup> £2 to help with deliveries
- 24<sup>th</sup> Tin of dog or cat food
- 25<sup>th</sup> Pot noodle
- 26<sup>th</sup> Shampoo
- 27<sup>th</sup> Jar of jam
- 28<sup>th</sup> Hot water bottle
- 29<sup>th</sup> Small washing up liquid
- 30<sup>th</sup> Small pack washing powder



We need your kind donations to be handed in to our Foodbank warehouse, 1 Glebe Street, Inverness, IV1 1RF, or any of our shops **no later than the first week in December.**

Please note that the items we have asked for are not our exhaustive list, but items we are shorter of. We have an overabundance of soup, beans and pasta and don't require donations of these items.

**Foodbank enquiries: 01463 717630**

*Very many thanks for your support*

Registered charity no. SC048001 Company no. 583493  
Registered address: Blythwood Care, Deephaven,  
Evanton, IV16 9XJ.

[blythwood.org/foodbank\\_advent](http://blythwood.org/foodbank_advent)