Reverse Advent Calendar

Highland Foodbank

We'd be grateful if you would consider donating the following items during November, to give us time to add the items to food parcels for people in need this Christmas.



01_		
November 2024		
	1 st	Tin of carrots
	2 nd	Packet of oatcakes
1	3rd	Tin of custard
1	4 th	Carton of long life juice
ı	5 th	Jar of instant coffee
1	6 th	Bag of crisps/Pringles
ı	7 th	Shower gel
1	8 th	Tin of mince/meatballs
	9 th	Small packet of biscuits
İ	10 th	Hot water bottle
İ	11 th	Box of washing powder
1	12 th	Carton of UHT milk
1	13 th	Male/female deodorant
	14 th	Small tin of ham
1	15 th	Jar of jam
ı	16 th	Tin of chopped tomatoes
1	17 th	Packet of cream crackers
İ	18 th	Washing up liquid
1	19 th	Selection box
ı	20 th	Tin of peaches/pears
1	21st	Tin of corned beef
	22 nd	£4 to help with deliveries
İ	23 rd	Toothpaste
1	24th	Packet of sweets
	25 th	Large tin of ham
j	26 th	Pack of toilet rolls
	27 th	Tin of potatoes/smash
	28 th	Jar of pasta sauce
	29 th	Box of Weetabix
	30 th	Box of 6 mince pies



Together with Trussell

Your kind donations need to be handed in to our Foodbank warehouse at 1 Glebe Street, Inverness, IV1 1RF – or any of our shops – no later than the first week in December.

Please note that the list of items we have asked for is not exhaustive, but they are items we are in most need of.

Foodbank enquiries: 01463 717630 blythswood.org/foodbank_advent

Thank You

Blythswood Care, Highland Deephaven, Evanton, Ross-shire IV16 9XJ