

Give in Lent Calendar

We would appreciate if you could donate the following items over the 40 days of Lent. **Thank you!**

18 February			
1 Long Life Fruit Juice	2 UHT Milk	3 Toilet Roll	4 Jar of Cooking Sauce
5 Bag of Sugar	6 Biscuits	7 Tin of Tuna	8 Toothpaste
9 Bag of Rice or Microwave Rice	10  Easter Egg	11 Washing Up Liquid	12 Tin of Fruit
13 Small Jar of Instant Coffee	14 Tin of Tomatoes	15 Jar of Pasta Sauce	16 Shampoo
17 Tin of Corned Beef	18 Tin of Custard	19 Shower Gel	20  Easter Egg
21 Laundry Detergent	22 Crackers / Oatcakes	23 Instant Mashed Potatoes / SMASH	24 Tin of Meatballs
25 Tin of Rice Pudding	26 Tin Opener	27 Tin of Ham	28 Small Box of Tea
29 Tin of Vegetables	30  Easter Egg	31 Shaving Foam	32 Small Bag of Dry Dog Food
33 Deodorant	34 Diluting Juice	35 Box of Cereal	36 Tin of Potatoes
37 Tin of Mince / Stew	38 Toothbrush	39 Jar of Jam	40  Easter Egg

2 April

Tel: 01 463 717 630
Email: foodbank.admin@blythswood.org

Please deliver donations to:
1 Glebe Street, Inverness, IV1 1RF
Monday to Friday | 10am – 4pm